

Clinical Certificate Program in Psychodynamic Psychotherapy

PSCSW and the Bryn Mawr College Graduate School of Social Work and Social Research (BMC GSSWSR) Professional Development program are pleased to offer our Post Masters Clinical Certificate Program again this upcoming winter/spring. This will be the fourth year we've offered this program which has been a clinically vibrant, enriching experience for students and faculty. (It was previously called "Navigating the Therapeutic Relationship.") This year, in addition to senior members of PSCSW teaching and supervising, we are pleased to welcome Sara Bressi Nath, PhD, LSW, assistant professor at BMC GSSWSR, as a faculty member.

The program consists of 15 weekly sessions each of which have a didactic and group supervision component. The course offers CE's and/or group supervision hours toward LCSW licensure. A description of the course is below. More detailed information can be found at: <http://brynmawr.edu/socialwork/pd>. PSCSW members receive a **tuition discount** and this year we have enhanced our **need-based scholarships**. We are offering two \$350 scholarships for PSCSW members. One of these, the *Shahbanu Goldberg Memorial Scholarship*, is targeted for a student who demonstrates a commitment to agency based practice. For information about how to apply for a scholarship, please contact Leda Sportolari at lsportolari@gmail.com or 610-668-1865.

Questions about registration or logistics should be directed to: Elaine Robertson at Bryn Mawr's Office of Professional Development at swprodev@brynmawr.edu or 610-520-2602. Please feel free to contact me if you have any other questions or need more information.

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PROGRAM DESCRIPTION

This course will explore several complementary psychodynamic theories which emphasize the therapeutic relationship as central to the work. Understanding and sensitively handling the vicissitudes of the therapeutic relationship are hallmarks of effective treatment. No one theory guarantees that therapeutic change will occur; However, clinicians are best served by using theory to inform their practice. The program will begin by tracing the evolution of relational approaches within psychoanalytic thought, considering Freudian and post-Freudian theories and techniques, and will use object relations, attachment, intersubjectivity and trauma theories, among others, to formulate strategies for assessment and intervention. Participants will discuss how to meaningfully integrate neurobiological knowledge, cognitive behavioral strategies and mindfulness techniques within a psychodynamic approach. The course aims to deepen and expand participants' understanding of key theoretical concepts such as: holding environment, containment, transference/countertransference, enactment, affect regulation and self-disclosure.

The program is designed for all levels of clinicians and is relevant to practitioners working in a variety of agency settings as well as those in private practice. The course will focus primarily on clinical interventions with individual adult and adolescent clients. The course offers 37 hours of CE credits including 3 hours of ethics. For those pursuing their LCSW license, the program fulfills 15 hours of group supervision plus 22 CE credits.

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DATES

Thursdays, January 19 - May 10, 2012 (no class March 8 or April 5)

6:30pm-9:00pm

Application Deadline: December 9, 2011

APPLICATION PROCEDURE

An application is required. The application process includes an interview with a representative of PSCSW that will be arranged upon receipt of the application.

Application deadline for participation in the 2012 certificate program is December 9, 2011. The application form can be found on the BMC website:

<http://brynmawr.edu/socialwork/pd>. If you have questions or need more information contact Elaine Robertson at the BMC Center for Professional Development:

swprodev@brynmawr.edu.

FEES

Cost of the certificate consists of a \$50 application fee and tuition of \$825 (based on 2012 pricing of \$55 per 2-1/2 hour session). Tuition for current PSCSW members or field supervisors of current BMCGSSWSR students is \$750 plus the \$50 administrative fee.

Payment plans may be arranged. Two \$350 need-based scholarships are available for PSCSW members. To maintain a cohesive cohort, participants are expected to commit to attendance at all sessions.